

# **SKILLS**

Talk Back (have own left ear piece), Autocue Reading, Experience Presenting Live TV

I have experience in these areas: Cooking, Food, Health. News, Events, Internal Communications & PR, Consumer/Shopping

### CONTACT

Based in London England Mobile: 07932 594312

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#### **TELEVISION**

Kirly-Sue's Plant-based Show - on 87 TV Channels - TV Series

Episode 1- Ackee & Seitan (2021) Presenter / Producer

Episode 2- Lemon Drizzle (2021) Presenter / Producer

Episode 3- Pulled Jackfruit (2021) Presenter / Producer

Episode 4- Veggie Skewers (2021) Presenter / Producer

Episode 5- Nourish Bowl (2021) Presenter / Producer

Episode 6- Butterbean Curry (2021) Presenter / Producer

Episode 7- Vegan Steak (2021) Presenter / Producer

Episode 8- Vegan Meatballs (2021) Presenter / Producer

Episode 9- Vegan Buffet (2021) Presenter / Producer

### Kirly-Sue's Global Kitchen - Amazon Prime - TV Series

Episode 3- Ginger in Jamaica (2017) Presenter / Producer

Episode 2- Sweet Potato in Jamaica (2017) Presenter / Producer

Episode 1- Coconuts in Jamaica (2017) Presenter / Producer

## Kirly-Sue's Kitchen - 3ABN TV - TV Series (USA)

4 series x10 episodes (2012 - 2014) Presenter

Adventist World News - AWN TV - (News programme) USA Programmes 1-15 (2005) News Anchor

NHS Complaints Video - Power Productions - Information Video 3 episodes - Presenter (2003)

#### **RADIO**

Kirly-Sue's Plant based Kitchen - Adventist Radio London 2020 -2021











#### **Employment:**

I am TV presenter, food writer and award winning author, I was previously an internal communications consultant for large corporate companies. Part of that job involved producing corporate videos on various topics including Sustainability, Health & Safety and Business Strategy.

#### **Education:**

- BA Honours Degree in Media & Cultural Studies
- Middlesex University1994-1997
- Masters in Public Relations Charted Institute of Public Relations 2010 2011

#### **School:**

- Sylvia Young Theatre School1982 1985
- Barbara Speake's Stage School 1985 1986

#### **Further Training:**

- TV Presenting Auditions
  City Lit Kathryn Wolfe (2012)
- How to Make it as a TV Presenter The Presenter Studio (2012)
- TV Presenting
  The Actor's Centre Kathryn Wolfe (2005)
- Presenting for Television Battersea College (2004)
- Live in Five TV Presenting Course (2004)

### **Culinary Qualifications:**

- Vegan Cooking Diploma Centre of Excellence 2020
- Vegan Cooking Rouxbe School of Cooking 2021

#### **Interests:**

• Cooking • Vegan Food • Evangelism • Writing • Arts and Theatre • Travel • Health Eating

#### **Programme interests:**

I am passionate about cooking programmes such as Hairy Bikers, The Barefoot Contessa & Cupcake Wars. I love to cook so that's where I fit best. I also have a keen interest in travel having been to 36 countries and would be keen to experience travel programmes also

#### **Away From Work:**

I have had 4 cook books published. The discipline of writing and producing a book helps me stay focused and sharp when presenting, it also keeps me creative and gives me more energy. I love travelling and culture, reading, swimming in the sea, vlogging, socialising and eating good vegetarian or vegan food! I also love snorkelling. I'm passionate about theatre & film, having trained in Performing Arts at the Sylvia Young Theatre School







